

Earth Week

April 17-21st

Monday, April 17th: Movin' Monday

Kick off Earth Week by moving your body. Walk to school, ride your bike around the neighborhood, do some yoga poses.





Tuesday, April 18th: Turn off Tuesday

Today we are turning off as many electronics as we can. Unplugging anything that's not being used saves 10% of your eletrcity and helps with global warming! Teachers turn off the lights, students turn off your electronics, parents unplug phones, charges, and appliances.

Wednesday, April 19th: Wellness Wednesday

We are treating our bodies well by feeding it healthy Wellness Wednesday foods. Think the colors of the rainbow. At lunch we will have kid-friendly recipe cards that students can take home to make healthy meals and snacks.



Thursday, April 20th: Throw Back Thursday

We're going old school. Everyone is encouraged to communicate using non-digital means. Write an old fashion letter, call someone one the phone, or send a card by mail. No e-mails or texts!

Friday, April 21st: Farm Fresh Friday

At the festival, we will learn how to keep our bodies, minds, and earth healthy. Freshly harvested produce from the Lunada Bay School garden will be served at lunch. Wear green or blue Earth Festival and workout clothes.



1:00-2:00– Tk-3rd grade **2:00-3:00**– 4th and 5th grades